

# HPUL HEALTH & HUMAN SERVICES

## FOOD PANTRY

10AM TO 3PM MONDAY-FRIDAY

YOU WILL NOW BE ABLE TO SUBMIT AN APPLICATION FOR THE FOOD  
PANTRY ON SURVEY MONKEY STARTING 6/11/2025 WITH THE OPTION TO PUT  
A PICKUP DATE AND TIME

THIS IS FOR LOCAL CA TRIBAL MEMBERS AND  
RESOURCE FAMILIES. WE WILL NOT BE ABLE TO  
DO SHIPPING OUT OF TOWN OR STATE







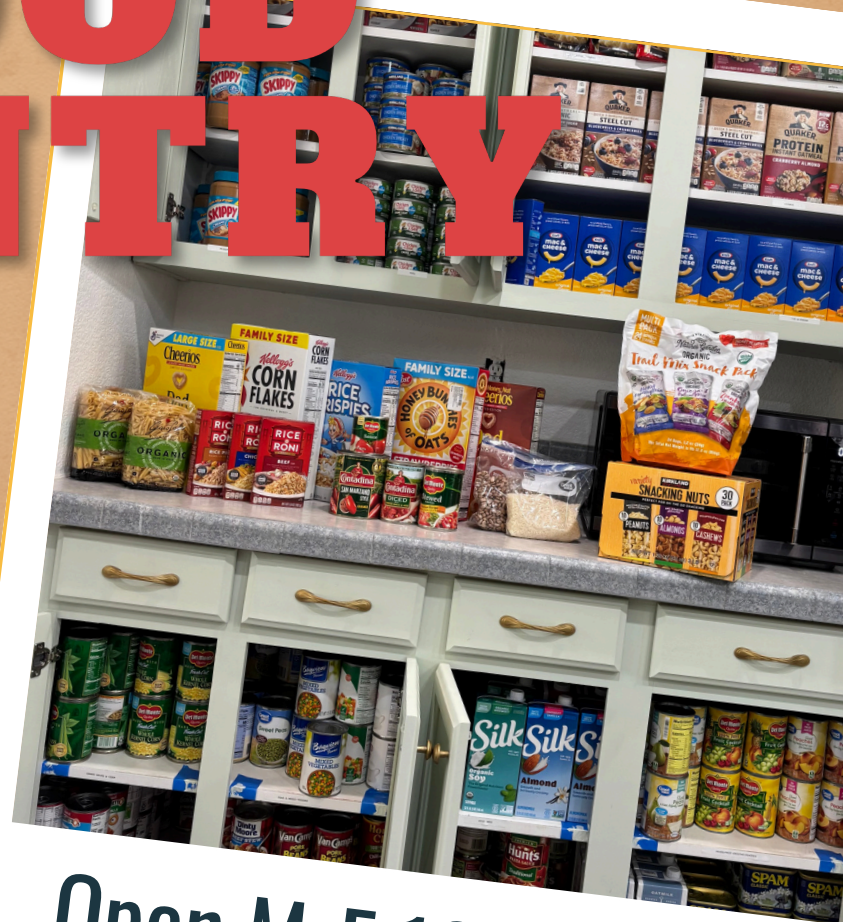
**HPUL**  
Health & Human Services Dept.



# FOOD PANTRY

Non-perishable,  
pantry items such  
as rice, vegetables,  
cereal, etc

Non Tribal Guardians of Tribal  
Minors are eligible



**Open M-F 10AM - 3PM**

HHS Building 10250 Dewell Rd Ext,  
Upper Lake CA 95485 | 707-900-6929



**HPUL**  
Health & Human Services Dept.

## Food Pantry Intake Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Total Household size \_\_\_\_\_ Adults \_\_\_\_\_ Kids \_\_\_\_\_

Do you have any food allergies or Dietary restrictions? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please list below:

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How did you hear about this program:

- ☐ Online
- ☐ Flyer
- ☐ Word of mouth
- ☐ Referral

What items are you most in need of: \_\_\_\_\_

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This is a new program so please list any comments of Items or Ideas you have or want to see for this program.

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Thanks for taking the time to fill out our intake form, the HHS Department really appreciates it.



**HPUL**  
Health & Human Services Dept.

Members/Resource name: \_\_\_\_\_ Date: \_\_\_\_\_

Family size total: \_\_\_\_\_ Adults: \_\_\_\_\_ Kids: \_\_\_\_\_

Listed below are the canned items that are currently provided at the food pantry.

_____	Tuna	_____	Green Beans	_____	Spaghetti O's
_____	Chicken	_____	Peas	_____	Pasta Sauce
_____	Stew	_____	Mixed Veggies	_____	Diced Tomato
_____	Spam	_____	Pears	_____	Crushed Tomato
_____	Chilli	_____	Peaches	_____	Stewed Tomato
_____	Pork and Beans	_____	Mixed Fruit	_____	Milk
_____	Beans	_____	Pasta Sauce	_____	Oat Milk
_____	Corn	_____	Ravioli	_____	Peanut Butter
_____	Soy Milk	_____	Almond Milk	_____	

Listed below are the other non-perishable items currently available at the food pantry.

<hr/>	Rice	<hr/>	Nuts	<hr/>	Tune Helper
<hr/>	Pasta	<hr/>	Trail Mix	<hr/>	Rice a Roni
<hr/>	Mac & Cheese	<hr/>	Hamburger	<hr/>	Boxes of Cereal
<hr/>	Oatmeal	<hr/>	Helper	<hr/>	

Total Items Received: 

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# HPUL

Health & Human Services Dept.

Canned Tuna

Canned Chicken

Canned Stew

Canned Chili

Pork and Beans

Beans

Peanut Butter

Canned Corn

Canned Green Beans

Canned Peas

Canned Mixed Veggies

Canned Pears

Canned Peaches

Canned Mixed Fruit

Instant Potatoes

Rice

Pasta Sauce

Pasta

Mac & Cheese

Canned Ravioli

Canned Spaghetti O's

Oatmeal

Boxes of Cereal

Canned Milk

Oat Milk

Soy Milk

Almond Milk

Diced Tomato

Crushed Tomato

Stewed Tomato

Tomato Sauce

Nuts

Trail Mix

Hamburger Helper

Tuna Helper

Rice A Roni

Spam