

# YOUTH WELLNESS GROUP

**Starting Weekly April 24th, 2023**  
MONDAYS FROM 4PM TO 5PM AT LEGACY CAMPUS

## **An Interactive Group For Youth Ages 17 and Under**

We will be using art activities, peer support and discussion, and group projects to explore these topics:

- Drug education
- Substance use risks
- Community and family issues
- How to be safe on the web
- The opportunity to share personal experiences in a safe and fun environment

SNACKS PROVIDED. ZOOM LINK AVAILABLE UPON REQUEST.

Facilitated By Certified Substance Use Disorder Counselors Jennifer Nauert and Shawn Paonessa.

**FOR MORE INFORMATION, CALL OR TEXT:** Jen at (707) 533-5257 or Shawn at (707) 510-1261



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