

January

M

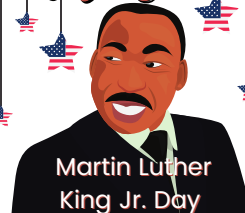


T

W

T

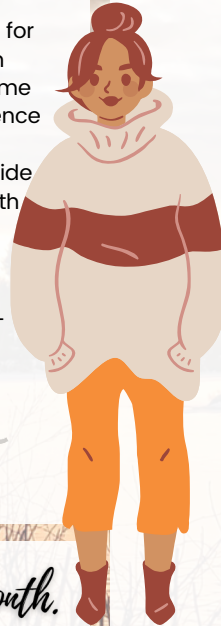
F

<p>3</p> <h2>Closed</h2> <p>Staff will be in an all-day training. We apologize for any inconvenience!</p>	<p>4</p> <h2>Closed</h2> <p>Staff will be in an all-day training. We apologize for any inconvenience!</p>	<p>5</p> <p>Breakfast Club...9-11</p> <p>Affirmation Hour...1-2</p> <p>Driver's Ed Prep...2-3</p> <p>Crafting...3-4</p> <p>Youth Board...4-5</p>	<p>6</p> <p>Breakfast Club...9-11</p> <p>Resume Help...1-2</p> <p>Mock Interviews...2-3</p> <p>Budget Cooking...3-4:30</p> <p>FREE DINNER Minestrone Soup...4:30-5:30</p>	<p>7</p> <p>Breakfast Club...9-11</p> <p>CalFresh Assist...1-2</p> <p>Life Skills...2-3</p> <p>Free Style Art...3-4</p> <p>Homework Help...4-5</p>
<p>10</p> <p>Breakfast Club...9-11</p> <p>Mental Health Monday...1-2</p> <p>Affirmation Hour...2-3</p> <p>College Assist...3-4</p> <p>Financial Literacy...4-5</p>	<p>11</p> <p>Breakfast Club...9-11</p> <p>TedTalk Tuesday...1-2</p> <p>Life Skills...2-3</p> <p>Resume Help...3-4</p> <p>Homework Help...4-5</p>	<p>12</p> <p>Breakfast Club...9-11</p> <p>Life Skills...1-2</p> <p>Safety Talks...2-3</p> <p>Resume Help...3-4</p> <p>Driver's Ed Prep...4-5</p>	<p>13</p> <p>Breakfast Club...9-11</p> <p>Resume Help...1-2</p> <p>Coping Skills...2-3</p> <p>Budget Cooking...3-4:30</p> <p>FREE DINNER Oven Baked Chicken Fajitas...4:30-5:30</p>	<p>14</p> <p>Breakfast Club...9-11</p> <p>Coping Skills...1-2</p> <p>CalFresh Assist...2-3</p> <p>Free Style Art...3-4</p> <p>Homework Help...4-5</p>
<p>17</p> <h2>Closed</h2>  <p>Martin Luther King Jr. Day</p>	<p>18</p> <p>Breakfast Club...9-11</p> <p>TedTalk Tuesday...1-2</p> <p>Driver's Ed Prep...2-3</p> <p>Resume Help...3-4</p> <p>LGBTQ+ Support...4-5</p> <p>ACT-Youth Council Meeting...5-6</p>	<p>19</p> <p>Breakfast Club...9-11</p> <p>Affirmation Hour...1-2</p> <p>Crafting...2-3</p> <p>CalFresh Assist...3-4</p> <p>Youth Board...4-5</p>	<p>20</p> <p>Breakfast Club...9-11</p> <p>Resume Help...1-2</p> <p>Life Skills...2-3</p> <p>Budget Cooking...3-4:30</p> <p>FREE DINNER Vegan Winter Lentil Stew...4:30-5:30</p>	<p>21</p> <p>Breakfast Club...9-11</p> <p>Driver's Ed Prep...1-2</p> <p>Affirmation Hour...2-3</p> <p>Free Style Art...3-4</p> <p>Homework Help...4-5</p>
<p>24</p> <p>Breakfast Club...9-11</p> <p>Mental Health Monday...1-2</p> <p>Life Skills...2-3</p> <p>CalFresh Assist...3-4</p> <p>Financial Literacy...4-5</p>	<p>25</p> <p>Breakfast Club...9-11</p> <p>TedTalk Tuesday...1-2</p> <p>Coping Skills...2-3</p> <p>Crafting...3-4</p> <p>Homework Help...4-5</p>	<p>26</p> <p>Breakfast Club...9-11</p> <p>Affirmation Hour...1-2</p> <p>Life Skills...2-3</p> <p>CalFresh Assist...3-4</p> <p>Safety Talks...4-5</p>	<p>27</p> <p>Breakfast Club...9-11</p> <p>Affirmation Hour...1-2</p> <p>College Assist...2-3</p> <p>Budget Cooking...3-4:30</p> <p>FREE DINNER Cajun Sausage and Rice...4:30-5:30</p>	<p>28</p> <p>Breakfast Club...9-11</p> <p>Free Style Art...1-2</p> <p>Affirmation Hour...2-3</p> <p>Coping Skills...3-4</p> <p>Homework Help...4-5</p>
<p>31</p> <p>Breakfast Club...9-11</p> <p>Mental Health Monday...1-2</p> <p>Driver's Ed Prep...2-3</p> <p>CalFresh Assist...3-4</p> <p>Financial Literacy...4-5</p>			<p>We are open with CDC guidelines in place.</p> <p>*Face masks are required within our facility.</p>	<p>HARBOR HOURS</p> <p>Mon.....9-12, 1-6</p> <p>Tues.....9-12, 1-6</p> <p>Wed.....9-12, 1-6</p> <p>Thur.....9-12, 1-6</p> <p>Fri.....9-12, 1-6</p>

What is the Harbor Youth Resource Center?

The Harbor on Main Youth Resource Center is a safe, fun space for Transitional Aged Youth (15-24 Years Old). The Harbor Youth Resource Center is a place where transition-age youth can come to find supports and services to help them move from adolescence to adulthood successfully. We do this by providing social, emotional, and physical support and care. Our programs provide education support, housing navigation, peer mentorship, health and well-being, employment workshops and more. The Harbor Youth Center focuses particularly on resources and services that promote opportunities to engage youth as partners and provide youth the opportunity to develop the real-life skills necessary to succeed as community citizens and workers.

Harbor Staff are here to help, every step of the way!



Donations! Donations! Donations!

It's getting cold, cold, cold out!

The Harbor on Main Youth Resource Center is in DIRE NEED of warm clothing donations for our youth in need!

Did you get a new coat over the Holidays, but it doesn't fit? Maybe your New Year's resolution was to donate all the clothes in the back of your closet? Send them our way! We will accept warm clothing of all sizes! Generous donors will receive a Donation Receipt for tax purposes! Drop off donations at 150 S Main St in Lakeport, M-F.

We need...

- Socks
- Coats
- Undergarments
- Scarves
- Beanies
- Sneakers
- Gloves
- Sweaters
- Sweatshirts
- Long-Sleeved Shirts
- Sweatpants
- Denim Jeans
- Thermal-Wear
- Hoodies
- Stockings
- Leggings
- Boots

We accept new or gently used items!
All donations are greatly appreciated!

January is Human Trafficking Prevention Month.

January is National Human Trafficking Awareness + Prevention Month. It is a key time for us all as individuals to educate ourselves about human trafficking and crucially to learn to spot the signs of trafficking.

Listed below are some great resources for spotting the signs of Human Trafficking, as well as places for help if you or a loved one is in a human trafficking situation.

What Is Human Trafficking? - hopeforjustice.org/human-trafficking

Learn To Spot The Signs - hopeforjustice.org/spot-the-signs
National Human Trafficking Hotline - 1 (888) 373-7888, or text "HELP" or "INFO" to 233733

Lake Family Resource Human Trafficking Program - Provides Emergency Shelter, Counseling, Restraining Order Assistance, Court Accompaniment, and Advocacy. For questions or more information call (707) 279-0563. 24/7 Crisis Line - (888) 485-7733

Budget Cooking for January

1/6	1/13	1/20	1/27
Minestrone Soup	Oven Baked Chicken Fajitas	Vegan Winter Lentil Stew	Cajun Sausage and Rice

Follow Us Online!



@RCSHARBOR



@HARBOR_ON_MAIN



@HARBOR_ON_MAIN

*Strive for Progress, not Perfection
The Harbor on Main...Let us walk with you*

150 S. Main Street, Lakeport CA

(707) 994-5486

Mon-Fri | 9am-12pm, 1pm-6pm